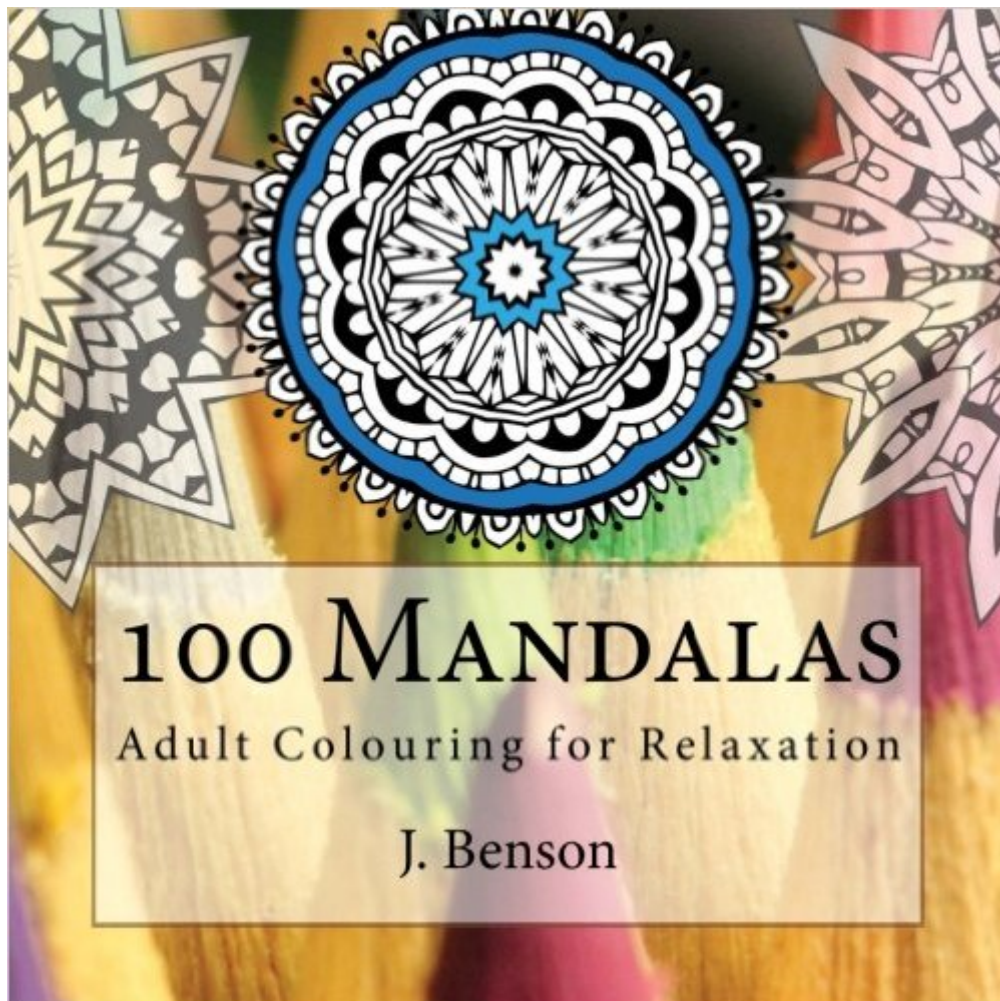


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# 100 Mandalas: Adult Colouring For Relaxation (Mindful Mandalas) (Volume 1)



## Synopsis

Ready for a quick, mindful colouring session? 100 Mandalas is the perfect choice for bite-sized colouring sessions! One Hundred Mandalas is an adult colouring book containing pages filled with 100 colouring mandalas designed specifically to help achieve a state of relaxation. Colour them in with a pen or pencil to help find your own state of inner peace and tranquility, and explore your own spirituality.

## Book Information

Series: Mindful Mandalas

Paperback: 58 pages

Publisher: CreateSpace Independent Publishing Platform (December 30, 2015)

Language: English

ISBN-10: 1522975047

ISBN-13: 978-1522975045

Product Dimensions: 8.5 x 0.1 x 8.5 inches

Shipping Weight: 2.9 ounces (View shipping rates and policies)

Average Customer Review: 2.9 out of 5 stars Â Â See all reviews Â (12 customer reviews)

Best Sellers Rank: #111,542 in Books (See Top 100 in Books) #80 in Â Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Mandalas & Patterns #126 in Â Books > Self-Help > Art Therapy & Relaxation #2856 in Â Books > Crafts, Hobbies & Home > Crafts & Hobbies

## Customer Reviews

This book is not what I expected, but still a decent option if you're limited on time. The book title is printed on the left side of every page, with 4 mandalas printed on the right side. The pages are not perforated but if you tear carefully you should be able to pull out a page without tearing into the designs. Also, the paper is very thin, and as you can see from the pictures the titles can be seen through the paper. Not necessarily a deal breaker, as long as the title ink does not show up once the overlapping portion of that mandala has been colored in. I'll have to test that though. If that happens you can always scan the pages and print onto your own paper so there's no bleed through.

I was disappointed with this book instead of having 1 mandala on each page they have 4 little ones about 3-4 inches apiece .

To many designs on a page ! Definitely too small , fewer mandalas per page and maybe a few more pages?

I was very disappointed in this book because nowhere in the description does it say that there are 4 small mandalas on each page...making them only about 3" in diameter. I was expecting full page size like all the other books that I have ordered. I won't even waste my time doing these!

Small book with 4 smaller mandalas on the page. What a disappointment! Very simple mandalas, suited for young children.

This is one of the best that I have seen so far. I would recommend it to all who like adult coloring.

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RELAXING Colouring Books) (Volume 3) Really RELAXING Colouring Book 7: Mindfulness  
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